

Sports Performance Boys Volleyball June Training Camp



The Sports Performance volleyball program is completely dedicated to providing its athletes with the technical, tactical and physical training to reach their highest possible potential. We will strive to help each and every player regardless of age or ability to achieve maximum performance.

“COMMITMENT TO EXCELLENCE”

This camp will include individual skill development and team competition. The players will practice 3 days per week in June and will have 2 tournaments. It is open to all 9th-12th graders interested in improving their skills. If you come with a friend or a high school teammate you will be placed on a team together. If you come on your own we will place you on the appropriate team for your level.

Bryan Johnwick, head coach of the Sports Performance 16 Mizuno team, head coach at Naperville Central HS and Asst. Club Director for Sports Performance will be the master coach during the training camp. The players who join for the one month program will train two days per week on individual development and the third day will be a competition night. The competition night will consist of game like situations against the current Sports Performance teams who are training for the USA National Championships in July. This is a great opportunity to play against some of the top players in Illinois!

The coaching staff will be alumni from our program who are currently collegiate level players.

We will be taking all players into the training camp. This is a great opportunity to meet our staff, our players and go through our training program to see if you might be interested in joining the full club program in the fall of 2009.

Looking forward to meeting you!

Cheryl Butler/ Sports Performance Boys Club Director

Informational Meeting and sign-up!

Date: Friday, May 22, 2009
Where: Great Lakes Center
579 N. Oakhurst Drive, Aurora
Time: 8:00 – 9:00 pm
Who: 9th-12th grade boys
Cost: \$300.00 (includes 34 hrs. of training, 2 tournaments, match t-shirt and short)

Practice for all players:

Practice: Monday, June 1,8,15 and 22
7:00-9:30 pm (GLC)
Tuesday, June 2,9,16 and 23
7:30-9:30pm (GLC)
Friday, June 5,12,19 and 26
5:00 – 9:00 pm (GLC)

Tournament Dates:

18's/17's	June 13-14 Palos Bash	June 20-21 GLC Pre-National
16's/15's	June 20-21 GLC Pre-National	June 27-28 Palos Bash